

Name \_\_\_\_\_

Date \_\_\_\_\_

**Symptom Check List for Mood Disorder**

**To be Completed by Parent**

**for Children**

<b>SYMPTOM CHECK LIST</b>							
	<b>AGES</b>						
<b>SYMPTOMS AND BEHAVIORS</b>	<b>0 to 2</b>	<b>3 to 5</b>	<b>6 to 8</b>	<b>9 to 11</b>	<b>12 to 13</b>	<b>14 to 16</b>	<b>17 to 19</b>
1. Bedwetting							
2. Night terrors							
3. Temper tantrums							
4. Excessive worry about harm befalling parents							
5. Excessive distress when separated from family							
6. Extreme clinging behaviors							
7. Repeated complaints of physical symptoms							
8. Has marked changes in appetite							
9. Often has cravings for carbohydrates or sweets							
10. Periods of extreme sadness							
11. Elevated or irritable mood greater than 1hr/day							
12. Elevated or irritable mood greater than 6hrs/day							
13. Elevated or irritable mood greater than 2 days							
14. Depressed mood greater than 1hr/day							
15. Depressed mood greater than 6hrs/day							
16. Depressed mood 1-2 days in duration							
17. Depressed mood greater than 2 days in duration							
18. Has suicidal thoughts often							
19. Has cut self with sharp instrument							
20. Has made suicide attempt							
21. Has difficulty getting to sleep at night							

SYMPTOMS AND BEHAVIORS	AGES						
	0 to 2	3 to 5	6 to 8	9 to 11	12 to 13	14 to 16	17 to 19
22. Often awakens in the middle of the night							
23. Frequently oversleeps							
24. Has decreased need to sleep							
25. At times has very fast speech							
26. Thoughts race/has many ideas at once							
27. Has wide swings in mood							
28. Often does not seem to listen when spoken to							
29. Often takes excessive risks							
30. Is easily distracted by extraneous stimuli							
31. Has periods of inflated self-esteem or grandiosity							
32. Has engaged in unrestrained buying sprees							
33. Often blurts out answers to questions							
34. Has difficulty engaging in playful activities							
35. As newborn, extremely irritable and difficult to settle							
36. Is extremely sensitive to sensory stimuli							
37. Often has difficulty organizing tasks							
38. Often loses things necessary for tasks							
39. Often is reluctant to engage in tasks							
40. Often fidgets with hands or feet							
41. Often leaves seat in classroom							
42. Often has difficulty waiting							
43. Often interrupts or intrudes on others							
44. Demonstrates an inability to concentrate at school							

SYMPTOMS AND BEHAVIORS	AGES						
	0 to 2	3 to 5	6 to 8	9 to 11	12 to 13	14 to 16	17 to 19
45. Frequently attempts to avoid school							
46. Illicit drug use							
47. Alcohol use							
48. Migraine headaches							
49. Speech difficulties specify: _____							
50. Panic symptoms- marked anxiety attacks							
51. Excessive anxiety or worry (apprehensive expectation)							
52. Anxiety causes impairment in social functioning							
53. Marked and specific fear of closed spaces							
54. Marked and persistent fear of animals							
55. Marked and specific fear of heights							
56. Marked or specific fear of crowded places							
57. Hears voices							
58. Paranoid thinking							
59. Bizarre behavior specify: _____							
60. Recurrent anxiety-producing thoughts or impulses							
61. Repetitive mental acts (counting, repeating words silently)							
62. Frequent and repetitive checking behavior							
63. Frequent and repetitive handwashing							
64. Tics: recurrent stereotyped movement or vocalization							
65. Frequently lies							
66. Has deliberately engaged in fire setting							
67. Is frequently mischievous							
68. Often bullies, threaten, or intimidates others							
69. Often initiates physical fights							
70. Has deliberately destroyed others property							
71. Has broken into someone's house							

SYMPTOMS AND BEHAVIORS	AGES						
	0 to 2	3 to 5	6 to 8	9 to 11	12 to 13	14 to 16	17 to 19
72. Often lies to obtain good or favors							
73. Often stays out at night against curfew							
74. Has run away from home overnight at least twice							
75. Is often truant from school							
76. Often loses temper							
77. Often argues with adults							
78. Often defies or refuses to comply with rules							
79. Often blames others for his or her mistakes							
80. Is often touchy or easily annoyed by others							
81. Is often angry and resentful							
82. Has marked, persistent fear of social or performance situation							
83. Increased sexual interest							
84. Increased sexual behavior							
85. Other: _____							
86. Other: _____							
87. Other: _____							
88. Other: _____							